I thought you might enjoy watching this fairly raw unedited footage (sorry, fourth or fifth generation, fuzzy!) of Fred teaching his landscape yoga in Georgia when he and I (Jo) went to a Pagan Festival there in (I believe) 1992. There's also footage of Pat Ancona demonstrating it, at the place Fred called "Black Sage, White Sage" nearby to Sierra Madre Canyon in the San Gabriel mountains. It is all from footage that I shot for my documentary "Dancing With Gaia" but of course it couldn't all go in the film. I just re-watched it and it was sweet and also informative to take in what Fred was saying, so long ago, about how to establish a living connection with The Land Herself. https://youtu.be/QfFUcHkiXNc

